



CRIME VICTIMS
ASSISTANCE CENTRE

Support, Help and Resources



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Service points

To make an appointment with a Montréal CAVAC support worker, call the number of the service point nearest you.

Montréal Centre
(Beaubien metro station)
Tel.: 514 277-9860

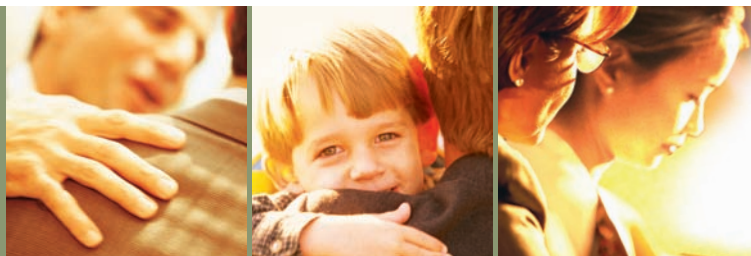
West End Montréal
(Du Collège metro station)
Tel.: 514 744-5048

East End Montréal
(Cadillac metro station)
Tel.: 514 645-9333

Para servicios en español
Tel.: 514 277-9860, ext. 235

Montréal courthouse
1, rue Notre-Dame Est,
bureau 5.10
(Champ-de-Mars metro station)
Tel.: 514 393-2083

Youth Division
410, rue de Bellechasse Est,
bureau 1.045
(Rosemont metro station)
Tel.: 514 864-1500



Support, Help and Resources

advocacy

assistance

comfort

aid

supportive listening

accompaniment

counselling

information

care

guidance

www.cavac.qc.ca

1 866 LECAVAC

Are you a **victim** or **witness** of a crime such as an assault, break-in or some other criminal act?
Are you a **family member** of a victim of crime?

A criminal act can lead some people to experience an aftershock. In some cases, the victim, the witness or even a close family member may find themselves struggling with the following **consequences**:

- **physical** (injury, insomnia, energy drain, digestive dysfunction, etc.)
- **psychological** (nervousness, fear, mistrust, anger, anxiety, etc.)
- **social** (isolation, fear of going out, family tension, etc.)
- **financial** (loss of income, having to move, medication costs).

Rest assured, these are normal reactions that are symptomatic of post-trauma stress.

The CAVAC network



CAVACs, or crime victims assistance centres, have been created to help victims overcome the physical, psychological and social consequences of a crime, and to advocate on their behalf to help them obtain compensation for the harm suffered.

The CAVAC network serves all the administrative regions in Québec. Each CAVAC is a community organization that delivers specialized services to persons of all ages who are crime victims or witnesses and to their family, regardless of whether the perpetrator of the crime has been identified, arrested, prosecuted or convicted.

Qualified resources trained to help

Professionals working in the area of social intervention make up the team in each CAVAC and have training in social work, psychology and criminology. Their assistance focuses on providing the tools to enable victims to regain control over their lives as quickly as possible.



Their **front-line services** are **free of charge** and **strictly confidential**.

A wide range of services

CAVACs provide a wide range of assistance services, the most essential being

- ▪ ▪ **post-trauma and psychological intervention**, to assess the needs of victims of crime and their resources, following which an intervention is offered to alleviate the consequences of the victimization and allow the victims to regain control of their lives;
- ▪ ▪ **information on the rights crime victims have and the remedies available to them**, which encompasses the main stages of the judicial process, the crime victims compensation program, INFOVAC-Plus and any financial assistance measures to which victims may be entitled;
- ▪ ▪ **technical assistance** to assist crime victims in filling out required forms and to enable them to comply with all the formalities associated with their situation;
- ▪ ▪ **referring victims to specialized services** such as the appropriate legal, medical, social and community resources capable of assisting victims as they attempt to deal with the problems they face;
- ▪ ▪ **accompanying crime victims** through their dealings with medical and community resources, and providing sustained support throughout the judicial process as the case proceeds.

