

Auen ka matshi-tutuakanit takuannu  
etashkakut kie eshi-kashtaukut kie tshe  
pikunikut utinniunit eshakumitshishikua.

Tatipan auen ishi-natauku. Tatipan auen etashka-  
kut kie ma eshi-kashtaukut nenu ka matshi-  
tutuakanit eukuannu nenu **NAKANA**  
eshinakuannit auen tshetshi itamatshiut.

Tshipa tshi ishinakuan tshetshi mishta-animuin  
katshi matshi-tutakuin.

## MISHTA-APATAN TSHETSHI UAUITAMUT AUEN:

- tshikanish
- tshuitsheuakan
- kamakunuesht
- kupaniesh uauitshitun
- natukunish
- kie ma kutak auen e shutshenimat

Natu-tshissenita anite CAVAC  
mashinaikanitshuapit ka uauitshiakaniht  
ka matshi-tutuakaniht.

Mashinaikanitshuapa CAVAC shetshen ishi-  
uauitshiaushiaut mak nasht apu unuipanitauht  
ka matshi-tutuakaniiti utaimunnuaua.

# CAVAC

MASHINAIKANITSHUAP  
KA UAUITSHIAKANIHT KA  
MATSHI-TUTUAKANIHT

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MASHINAIKANITSHUAP  
KA UAUITSHIAKANIHT KA  
MATSHI-TUTUAKANIHT

## CAVAC eshi-tapishinit uauitshiaushiat anite...

- ... ne ka ishinikatet «post-traumatique» mak tshetshi uauitshia-  
kanit utinniunit, mamu ka tananut kie kaueueshtakannit,  
eukuan tshetshi tshissenimakaniht tan ua ishi-uitshikushit kie  
auennua tshe natuapamat tshetshi uitshikut. Tshi ma kassinu  
ishi-natu-tshissenimakaniht, minuat tshe natshishkuakanit  
tshetshi ut atshupanitakannit nenu eshi-mamashikut ka ma  
tshi tutuakanit kie tshetshi ut shaputuepannit utinniun;
- ... uauitamuakanit utipenitamun eshinakuannit kie tanite  
tshe itishimut katshi matshi-tutuakanit, miam e uitakannit  
katikatip tshe ishi-pimutet anite kaueueshtakannit, tshe ishi-  
natuapatak uauitshitunnu anite nenu ut ka matshi-tutuakanit,  
INFOVAC-Plus tshe uitshikut, kie tshetshi natuapatak  
uauitshitunnu nenu eshinakuannit tshetshi katshitinak;
- ... netuapatak eshinakuannit tshetshi ishi-uauitshiakanit miam  
tshe ishi-shakassinat mashinaikanuiana kie tshetshi ut  
ishpitenitak eshi-natuenitamuakanit anite umashinaikanuianimit;
- ... uitamuakanit ne ka matshi-tutuakanit tanite tshe itutet  
tshetshi uitshiakanit miam kaueueshtakannit, akushiutshuapit,  
mamu ka tanannut kie muk<sup>4</sup> anite eshinakuannit kamamui-  
tunannut ka uauitshianiti auennua tshetshi ut uitshikut nenu  
animiunnu tshe ui shakutat;
- ... pami-uitsheuakanit ne kamatshi-tutuakanit miam ituteti  
anite akushiutshuapit kie anite nenu mamuituna ka uitshianiti  
auennua, iapit ituteti anite kaueueshtakannit kie tshe ishpish  
umenu atushkatenit umashinaikan.



«Petakuteu»

## Ka ishi-tshishkutamuakaniht tshetshi shutshiteieshkatakut

# UAUITAMUKU

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## Etamatshiut mak eshi-kashtaukut katshi matshi-tutuakanit



## Etamatshiut ka matshi-tutuakanit

### MEKUAT METSHI-TUTAKUINI

- shetshishu tshetshi nipit
- matenitam uiat
- miam miakupishut mak miam eka tshekuannu tshi tutak
- miam katshi kushtatshikushit
- miam uin uetshit uekashinakuti nenua ka matshi-tutakut

### SHAPUTUE KATSHI MATSHI-TUTUAKANIT

- unishinu
- apu tshekuannu mataukut
- apu tapuetatishut nenu eshpanit
- peikussiumatshiu
- miam eka tshekuannu tshi tutak
- kushkupanu

### TATUTSHISHIKUA KATSHI NENU MATSHI-TUTUAKANIT

- kukuetshimishu eshpanit uiat, umitunenitshikanit, ushtikuanit
- pakushenitan tshetshi kau itenitakushit miam ushkat ka itenitakushit
- mitshetuau natauku nenu ka matshi-tutuakanit
- mamishkutshipannu etamatshiut
- mamishkutshipannu aitenitakushit

### TATUPISHIMUA NENU KATSHI MATSHI-TUTUAKANIT

- uitshi-tshishuapu
- ukashinatunnu kanuenimiku
- nanitam papannu nenu ka matshi-tutuakanit
- nanitam shetshishiumatshiu
- mishkutshipannu eshi-uapatak inniunnu
- etatu peikutau itenitakushu miam ushkat ka itenitakushit
- apu ishpish mamitunenitak ka matshi-tutuakanit muk apu nita tshika ut tshiuni-tshissitak

## Umennu eshi-kashtaukut ka matshi-tutuakanit

### ESHI-KASHTAUKUT UIAT

- eshi-ushikuiakanit uiat ka matshi-tutuakanit
- akuiku umitshim
- nanamipanu
- eshipapannu umik<sup>u</sup>
- nute-neneu
- akushiushtikuaneu
- apu shapashit
- apu minukuamit
- nashapannu nenu tshekuannu ka tshishpeuatikut uiat
- mishkutshipannu anite eshi-peshuapamat napeua kie ma ishkuera

### ESHI-KASHTAUKUT UMITUNENITSHIKANIT

- shetshishiumatshiu
- tshishkue-mamitunenitam<sup>u</sup>
- tshishuapu
- apu shutshenimitishut
- apu shutshenitak
- nanitam shetshishu
- miam eka shiakuitishut e utinnitishut
- miam eka tshekuannu shiakutat
- miam kueshpinenimitishut
- miam shiakuenimikut ka ishpanit
- miam etamitshikatishut
- kaukau tshekuannu mamitunenitam<sup>u</sup>
- mamitunenitam<sup>u</sup> tshetshi nipaitishut
- apu tshi tshiam-apit

### ESHI-KASHTAUKUT SHUNIAT

- unitau umatshunishma
- natukuna apashtau
- akushiutshuaupit pitukaiakanu
- atapu
- nashatsheu ka ueueshtakanit
- unitau ukanieun
- anu nakatuenitam<sup>u</sup> uit
- nasham<sup>u</sup> tshetshi natakuitishut

### ESHI-KASHTAUKUT MAMU KATANANUT

- tshipautishu
- animapannu unipaunit kie uikanisha
- shetshishu tshetshi peikussit
- mishta-minu ishkuuapannu, mishta-utinam<sup>u</sup> kamatshikuauniti kie ma natukuna
- shetshishu tshetshi papamutet
- mishkutinam<sup>u</sup> utatusseun
- apu shutshenimat maniteua
- apu nishtutuakanit anite uashka etat
- mishta-pataim<sup>u</sup> ka tshishkutamuakanit (kie ma utatussenit)

### ESHI-KASHTAUKUT TAPUEIENITAMUNIT MAK UTINNUINIT

- apu tapueienitak
- miam shetshen enniut
- ait ishi-pimuteu
- apu shapenitak tshetshi inniut
- ait ishi-uapatam<sup>u</sup>

### ESHI-KASHTAUKUT ANIMUNIT MITUNENITSHAKANIT

- uitshi-uni-tshissu
- apu ishpish natutak
- apu tshi minu-mamitunenitak
- unishinu
- animu tshetshi utinak tshe aiteit